

CURRICULUM VITAE



PERSONAL

NAME : Dr. Sunita Agarwal

I have been fortunate to be born in a family of ophthalmologists. My grandfather Dr. Raghvir S. Agarwal was a noted ophthalmologist of his time in India. My father Dr. Jaivir Agarwal is the founder of Dr. Agarwal 's Eye Institute, Chennai, mother Dr. Mrs. Tahira Agarwal is also a renowned ophthalmic surgeon currently practicing as a corneal specialist. My brother Dr. Amar Agarwal and myself both are ophthalmic surgeons, extensively engaged in ophthalmic research, teaching are currently practicing with our parents at Chennai. Dr. Athiya Agarwal, wife of Dr Amar Agarwal is also a part of the team.

EDUCATIONAL QUALIFICATIONS

1. COMPLETED MATRICULATION FROM SACRED HEART CHURCH PARK SCHOOL IN 1975

I had a complete childhood with schooling from one of the finest institutions in the country. As is well known convent education brings with it a flare to the child and close proximity with God. In any format the individual gets to think of the less fortunate and realizes the pain and anguish of our school teachers and convent nuns. I was extremely mischievous and was called out to the Principals office very often still in this developed a close camaraderie with my Principal Teacher Sister Clare. So much so that till today she remembers me fondly of tying my unruly hair in her own ribbons or admonishing me for one of my little crimes. I also happened to be the School pupil leader in the my last year occasion came on a day when I had just come back from Delhi after winning the national gold medal for swimming for 1974, and as I entered school the election had taken place in my absence, this was one of few times I saw tears (of joy) in my fathers year.

2. COMPLETED PRE-UNIVERSITY FROM STELLA MARY'S COLLEGE IN 1976

One year of carefree college life promoted me to the feeling of joy as the PU Representative for all the 700 girls doing their pre-university from Stella Mary's College. The Principal and me shared many sessions of debated on the theory of

God and his attributes. The year spend so fast that soon I studying to get into medical college.

**3. M.B.B.S. JAN 1982 MADRAS MEDICAL COLLEGE, MADRAS
*GOLD MEDALIST – OPHTHALMOLOGY**

Graduated from Madras Medical College, affiliated to the University of Madras, in 1992. I stood the top of the graduating class in the university winning the prestigious Rukmini Gold Medal for the best undergraduate student in ophthalmology. The Government Ophthalmic Hospital (GOH. Madras) enjoys the reputation of as a Moorfields eye hospital as both of them are contemporary institutions and founded by British surgeons of repute such as Dr. Edward Elliot and Col. Wright.

**4. D.O. OCT 1984 B.J.MEDICAL COLLEGE, AHMEDABAD
*TOP THE BATCH – OPHTHALMOLOGY**

Diploma in Ophthalmology was completed at B.J.Medical College; Ahmedabad affiliated to Gujarat University under professorship of Dr.R.N.Mathur. Secured the top rank in the University in the graduating class of Diploma in Ophthalmology for the October 1984 batch.

**5. F.S.V.H. JUN 1986 ST.VINCENTIUS HOSPITAL, KARLSRUME,
Residency 86-87 WEST GERMANY (FELLOWSHIP)**

Awarded a fellowship to work under Professor Fredrick J. Rentsch to learn the finer intricacies of bimanual surgery for intraocular lenses and vitrectomies.

**6. F.R.S.H. JAN 1987 ROYAL SOCIETY OF HEALTH, LONDON
ENGLAND (FELLOWSHIP)**

Earned the prestigious fellow of the Royal Society for Health degree in recognition of outstanding professional achievement in the field of ophthalmology.

**7. M.S.(OPHTHALMOLOGY) JUL 1988 B.J.MEDICAL COLLEGE,
AHMEDABAD Residency 87-88
*GOLD MEDALIST – OPHTHALMOLOGY**

Masters in Ophthalmology from the B.J.Medical College, Ahmedabad. Selected for the degree program from over one thousand contesting candidates. Worked under Dr.R.N.Mathur and submitted a thesis on Argon Laser Trabeculoplasty, for which I earned the Dr.G.R.BODIWALA GOLD MEDAL as the top ranking student of OPHTHALMOLOGY in the university.

8. FELLOWSHIP AT LOUISIANA STATE UNIVERSITY, AT NEW ORLEANS, USA

After my Gold Medal in ophthalmology from the Gujarat University in my M.S. (Ophthalmology) program. I was among the few Research Fellowships taken from all over the world. We had students from China, Australia, United Kingdom and the USA. This was a research scientists program for two years. But after only half the way thoughts of home and guilt towards neglect of my children pulled me back to India and I discontinued the course. Hence I do not write this as an achievement behind my name. But the sense of research and development took a good bearing from this tenure at the most acclaimed place in the world for CORNEAL RESEARCH. And it has been my privilege to work with phenomenons of this field.

MEMBERSHIPS AWARDED

1. ALL INDIA OPHTHALMOLOGICAL SOCIETY (AIOS)

It has been my good fortune to be born in a family that regards the AIOS very highly and has through the last forty decades served the AIOS in some rank or the other. My father has presided over the Golden Jubilee year of the AIOS conventions held in 1992 at New Delhi and before that served for two terms as the Secretary General of the organization, and has always been on the Managing Committee for over 25 years starting from the Silver Jubilee celebrations of 1965 at Madras. Thus I was fortunate to join the organization at an early stage of my career in ophthalmology in 1981 and have been a member of the Managing Committee from the year 1991 till date. Through various instruction courses, scientific paper presentations and symposiums I have been taking part in every convention of the esteemed organization right from becoming a member and even before when I accompanied my father from 1965. I hope God gives me the chance to serve my country and my AIOS organization till the end of my days.

2. MADRAS OPHTHALMOLOGICAL ASSOCIATION

Since my interest in ophthalmology has always been of great revreation and dedication it was no doubt that I would join this body as soon as I was conferred upon with my MBBS degree. I have been fortunate to serve as Joint Secretary and later Secretary for over 15 years of my association with the association.

3. KARNATAKA OPHTHALMOLOGICAL SOCIETY

On entering Karnataka in 1993 I became a member of the state ophthalmic association and have continued till date their conventions are held annually and a good local ophthalmic magazind "CHAKSHU" is for distribution very regularly.

4. BANGALORE OPHTHALMOLOGICAL ASSOCIATION

5. AMERICAN ACADEMY OF OPHTHALMOLOGY

It was always my dream to belong to this prestigious body when I was studying ophthalmology, at that time I could not dream that one day I would be selected as a Chief Instructor in this gigantic gathering of highly skilled professionals, today after many years of this honor it gives me a sense of achievement to have represented my country on the international dias.

6. AMERICAN SOCIETY FOR CATARACT AND REFRACTIVE SURGERY

With many years of research, education, service to humanity and whole hearted dedication , blessings of the All Benevolent has given me for many years the Best scientific paper and presentation award at this prestigious gathering of eye care professionals. Much like the Oscars are for film making this body has created a name world wide in the field of Ophthalmology especially where cataract and refractive surgery is taken, thus the achievement makes it even more enterprising for an Indian like me with the spirit of nationalism riding high in my veins.

HONORS AND AWARDS

Every examination passed in first attempt. No failures

1. Passed School Finals with distinction in three subjects.
2. Passed Pre-University course with three distinctions
3. In M.B.B.S. secured three first classes.
4. Won the Rukmini Gold Medal for the best under graduate student in Ophthalmology in 1980, Madras University.
5. Secretary of Ophthalmos Club from its inception in 1986.
6. Won the DR.G.R.BODIWALA GOLD MEDAL for best postgraduate student in M.S. (Oph) in 1988, Gujarat University.

WORK EXPERIENCE

1983 till date DR. AGARWAL'S EYE INSTITUTE DIRECTOR

Have been working for the parent organization in fact even before this date and have been planning its slow and steady growth into different cities at the same stature as its home head office Chennai.

Thus started DR. AGARWAL'S EYE INSTITUTE, BANGALORE in 1993 and has steadily grown to occupy a place of pride in the cities developments. Bringing in LASER CATARACT SURGERY that has today developed into a no anesthesia, no injection, no blood, no stitch, no patch out patient surgery under 1mm incision for cataract extraction. Some of the firsts being shown world wide at the live telecast to the American Society for Cataract and Refractive Surgery.

And now on the anvil of growing international tentacles is the DUBAI branch of Dr. Agarwal's Eye Institute which will also recognize the wants of the common man of quality eye care at affordable prices.

1994 till date DR. AGARWAL'S EYE HOSPITAL DIRECTOR

since the time that this organization has gone public have contributed to its growth and have made sure that the Bangalore branch which too went public in 1997 grows with it.

Brought in LASER PHOTON for laser cataract surgery for the first time into the country and established this as an accepted entity thereby proving that laser could remove cataracts in May 1995. Since then the procedure has gone through many changes to today emerge as a under 1 mm incision called LASER PHACONIT with no anesthesia, no blood, no sutures and no patch.

Working with high quality lasers and precision laser it was necessary to indulge in a high quality microscope for quality work. This saw the emergence of the Carl Zeiss CS model microscope in Bangalore with an equally combatable CCD Camera in 1998. Thus making live surgery a possibility and pleasure.

1997 till date DR.AGARWAL'S PHARMA DIRECTOR

Starting with only two drugs we have grown to occupy over 21 different medications and the number is still growing. This will now international wings to bring Indian technology to foreign shores.

1994 till date CRYSTAL CORPORATION DIRECTOR

For the betterment of international distribution of quality products like STAAR foldable intraocular lens, STATIM autoclaves, LASER PHOTON machines and EXCIMER laser machines this body was constructed and grown with every year.

1999 till date WWW.DRAGARWAL.COM VIRTUAL ON LINE HOSPITAL

For the first time a virtual online hospital was launched by prominent dignitaries of our country, amongst them Smt. Suman Krishnakant (Wife of Vice President of India), Sri Kalpraj Mishra (Minister for Medical Education, Govt. of Uttarpradesh), Sri Roshan Baig (Minister of Tourism Govt. of Karnataka) Smt. Nafees Fazal (Minister for Medical Education Govt. of Karnataka). With the people coming to this website can enjoy free on line consultation with eminent doctors in all aspects of medicine and health, and on line pharmacy. Comprehensive search engine in collaboration with Getit Yellow Pages of various cities of India and chat room where the web surfer can chat with a doctor at specified times.

This site has been relayed on the international television channel CNBC as a unique feature for our country, in January 2000 as a ten-minute program.

2002 sees the birth of yet another advent into the Dr.Agarwal Group by adding DR.AGARWAL HOSPITALS as a company to delve into matters of hospital management and personnel expertise. With head office in Bangalore it wishes to grow into a multicenter establishment with centers round the globe, so that the sun may never set on a Dr.Agarwal establishment.

NATIONAL AND INTERNATIONAL RECOGNITION

1. AWARDED PRESIDENTS GUIDE

Awarded this prestigious award by the President of India Dr.Zakir Hussain in 1974 selected in the 12th Jamboree held in New Delhi, India, by the International Scouts and Guides Council.

2. 1989–FEATURED AS A NEWS ITEM ON NATIONAL T.V. AT A PRIMETIME.

Indian television system featured our investigative research work and my contribution on nationally broadcast evening news both in Hindi and in English on Sunday May 7th, 1989. This widely viewed national program focused on my work on magnetor plasty for reattachment of retinal detachments, the first time performed on a human patient anywhere in the world with success.

3. STATE OF RAJASTHAN HONOR – PRATHAM TATH PATRA

State of Rajasthan offered their highest honor for the medical profession. PRATHAM TATH PATRA for extraordinary work in the field of Medicine and Ophthalmology on May 27, 1990 at Jaipur. In stately hosted function, the Governor of the state of Rajasthan personally offered this honor in presence of leading personalities of the country. I was the youngest and the only ophthalmic recipient of this prestigious award in the history of the State.

4. FEATURED ON DOORDARSHAN KENDRA ON A PROGRAM FOR THE U.G.C. ON CATARACT.

There have been many incidences when the Doordarshan Kendra and other important television serial makers who have approached us for making public awareness programs as technical strongpoints as well as playing the role of doctors in such series. Among these were most important the U.G.C. Madras team, which made the program on CATARACT this, has been telecast in English as well as Hindi or main channel network program. Through the month of January to April 1992.

5. FEATURED ON PROGRAM IN TAMIL ON MADRAS DOORDARSHAN ON CATARACT

A Sponsored program was released by the Madras Doordarshan on the different medical reference areas of the body, in Tamil called FROM HEAD TO TOE. In this 13 Series feature the series that featured OPHTHALMOLOGY was prepared by us. This came up on Madras and Tamilnadu state relay in the month of March and April of 1990.

6. CONDUCTED PROGRAMS ON CORNEAL GRAFTING FOR THE DOORDARSHAN KENDRA

During the conference that we had conducted in September of 1991, called PAN OPHTHALMOLOGICA 1991 Madras, we were fortunate enough to have more than 13 out of country participation. Selecting three of the most elite and articulate ophthalmologists we conducted an interview on CORNEAL GRAFTING. This included DR.HUDSON SILVA, SRI LANKA. Who stands as a pillar on the grounds of being the head of an organization that has donated more than 30,000 human eyes to the world, these eyes are used by 63 countries including Japan, USA, Singapore, India and a host of other countries. The second was Dr. CLARIE DAVEY, U.K.; she has experimented in the field of corneas and brought about recent modifications in corneal grafting. The third was DR.J.AGARWAL, INDIA as President of the All India Ophthalmological Society, and the maximum user of the human eyes donated from Sri Lanka. This program was relayed on Doordarshan during January of 1992.

7. CONDUCTED PROGRAM ON DIABETIC RETINOPATHY FOR THE DOORDARSHAN KENDRA

While the PAN OPHTHALMOLOGICA 1992 MADRAS was on we had stalwarts in the field of vitreoretinal surgery attending as faculty members of the congress. It has rarely ever been seen the pioneer of Vitrectomies and retinectomies in America Dr.STEVE CHARLES, USA, come and present his papers along side the expertise of European Stalwart DR.ZIVOJNOVIC, NETHERLANDS. Whose repair of gaint retinal tears and perfectly matched video films. Along with these two stood was interviewed DR. J.AGARWAL, INDIA. President of the All India Ophthalmological Society and the Laser expert of this country, speaking on the benefits of lasers for early treatment of diabetic retinopathy. This program was much appreciated by the audience and relayed on Doordarshan during the month of February 1992.

8. OUTLINED AS EXPERT ON OPHTHALMIC PROBLEMS CAUSED BY EFFLUENCE FROM INDUSTRIAL SOURCES ON AN ENVIRONMENT PROGRAM MADE FOR THE NATIONAL NETWORK

An ENVIRONMENT PROGRAM was made on the effluence from the leather industry in Tamilnadu. This program was made along with other scientists from the Pollution Control Board as its Director Mr. Belliappa. My opinions on the pollution of specific areas in Tamilnadu where the effluence of leather tanning industry spills are highlighted. Especially when in these areas fish and other greenery cannot survive what little chance does human life have. After this program that came out in February of 1992 a lot of enlightenment has come about and the said authorities are planning on maintaining in environment friendly attitude in these areas.

9. INTERVIEWED BY THE RUPAVAHINI NETWORK OF SRI LANKA IN OCTOBER 1991

On our visit in October 1991 to Sri Lanka we were fortunate to serve the Sri Lankans by holding an eye screening camp and followed it with surgical intervention at the Base Hospital of Ampara, one of the strife ridden areas of Sri Lanka. Here we noticed the plight of the common people of Sri Lanka and have decided to henceforth go ahead and hold more such camps in the light of what we saw. At this visit we were requested by the Rupavahini Corporation to give an interview on television for 22 minutes, the interview has held with DR.HUDSON SILVA. And the same was telecast in December of 1991.

10. PROGRAMS TELECAST ON RUPVAHINI NETWORK OF SRI LANKA DURING MARCH AND APRIL OF 1992

A few of the programs that were relayed on Doordarshan Kendra were also replayed on Rupavahini Sri Lankan Television systems during the month of March and April of 1992. They were on CORNEAL GRAFTING, DIABETIC RETINOPATHY and CATARACT programs. These have been well appreciated by the public of Sri Lankan and we have also been congratulated by the Head of state and the first lady H.E.Ranasinghe Premadasa and Madam Hema Premadasa. These programs will be relayed a few times more due to the awareness they have created in this little island.

11. INTERVIEW OF TOP OPHTHALMOLOGIST OF THE WORLD ON RUPAVAHINI NETWORK IN APRIL 1992

While conducting the PAN OPHTHALMOLOGICA 1992 COLOMBO many countries were participating this included many eminent eye surgeons. An interview was conducted by MR.STEVE BORGIA the media consultant for UNICEF, and the doctors interviewed were DR.HUDSON SILVA, SRI LANKA, DR AKIRA MOMOSE, JAPAN, DR.SUNITA AGARWAL, INDIA, DR.ARTHUR LIM, SINGAPORE, also the President of the Asia Pacific Congress of Ophthalmology and DR.J.AGARWAL, INDIA, President of the All India Ophthalmological Society. The telecast of this program was on May 1992.

12. RELAY OF PROGRAM ON CATARACT AND CATARACT SURGERY ON APRIL 25TH 1992 ON THE RUPAVAHINI, SRI LANKA TELEVISION NETWORK

During the inauguration ceremony of the PAN OPHTHALMOLOGICA 1992 COLOMBO, at the Bandaranaike hall. Madam Hems Premadasa released the Videotape made by us for public awareness on CATARACT AND CATARACT SURGERY. This very tape was released on the same evening on the Rupavahini network, and was much appreciated by the officials of the island of Sri Lanka.

13. NATIONAL SWIMMING CHAMPIONSHIPS 1974 – GOLD MEDALIST

The Nations record holder for 3 years in 100 mts Back stroke swimming, winning it at the National Swimming Champion ships held in New Delhi in May of 1974. This was the first time that a gold medal had been won in swimming competitions by any of the Southern States of Tamil Nadu, Karnataka, Andhara Pradesh or Kerala.

Having won this acclaim was selected to represent the country in international games. But due to a knee problem developed at the same time was unable to participate in any further highly competitive swimming.

14. SOUTH ZONE SWIMMING CHAMPIONSHIPS 1970 – 74 WOMENS TROPHY

Started winning the women trophy from the southern Zonal Swimming championships from the age of 11, and continued till 1974 when the Gold at the Nationals was also won. But was forced to recline from intense swimming due to a medical problem developed then. The 100 mts. Free style, Back Stroke secured gold medals throughout, winning the second place in the breast stroke and butterfly races, but once again bagged the gold in the Individual medley races during this span of four years.

15. INTER-UNIVERSITY GOLD MEDALIST IN SWIMMING 1975

On reaching the university represented Stella Maris College at the Kanpur Inter University Games in 1975 and once again secured the women's championship.

16. WON THE HAMDARD TROPHY FOR WOMEN AT ALL INDIAN INTER MEDICAL CHAMPIONSHIPS FOR SWIMMING IN 1977

The All India Institute of Medical Sciences in New Delhi in 1977 conducted the Inter Medical Championships. This was in 1977 while studying at the Kasturba Medical College, Mangalore. Representing the college and state of Karnataka secured gold medals in all the races held for women and secured the Hamdard trophy for women for the college.

17. AGARWAL SAMAJ AWARD 1994

At the annual awards function held for Agarwal Samaj was awarded the Annual honors for outstanding work in the field of ophthalmic science. This was a well-attended function in one of many auditoriums of Bangalore.

18. LIONS CLUB INVOLVEMENT

Starting way back in 1994 have been involved in giving many Lions Club talks to their members on Ophthalmology. Have been holding eye camps and surgeries for them. From 1999 joined the Lions Club of Gandhi Nagar, Bangalore as a member and have been the chairperson on their Conservation Program

19. LIVE CATARACT SURGERY TELECAST FROM BANGALORE TO SEATTLE AT THE AMERICAN SOCIETY FOR CATARACT AND REFRACTIVE SURGERY ON APRIL 10TH, 1999

For the first time in international history was any surgery telecast live to the North American continent. This took place on April 10th 1999 at the American Society for Cataract and Refractive Surgery under no anesthesia. This trend has started a new horizon for Indian eye surgeons.

20. CHALO KARGIL PROGRAM FROM JULY 25TH TO AUGUST 10TH 1999

Amongst the only non-governmental organization to land on the Himalayan slopes during the Kargil war, our team collected over 45 lakhs of instruments, intraocular lenses and medication and landed up doing the Leh-Kargil-Srinagar stretch. Operating on needy patients distributing medicines and helping out in any way we could. The Director Health Services Dr. Musaffar Ahmed lauded us for our timely service and requested us to come again.

21. PUBLIC HEALTH EXPOSITIONS form 1994 till date

Every year from 1994 we have conducting in Bangalore and Chennai Public Health Expositions this helps to bring the public in close association with top doctors and health care practioneers. The last one conducted in Chennai and Bangalore was in 1999 and with great pomp and spendour also called EYE 2000 where over 50 top health practioneers and doctors took part from all the major hospital of the city. Alongside were Reiki sessions, beauty tips and anything relevant to making the soul and body beautiful.

TEACHING EXPERIENCE

One of the national bogies engaged in on going continued medical education for ophthalmologists is the All Inida Ophthalmological Society (AIOS). This body is equivalent to American Academy of Ophthalmology for India. As a young ophthalmologist in the field I have been extensively involved in organizing, planning, and conducting various organizational activities of the Society. This affect has been more due to genes than anything else. Since my father Dr. J.Agarwal has been involved with this august gathering since its 25th Silver Jubilee session in 1965 right upto the 50th Golden Jubilee session in 1965 right upto the 50th Golden Jubilee session in 1992. Where he stands as the President of the All India Ophthalmological Society. Important among the various activities we undertake annually under the auspices of AIOS are:

1. COMPUTERS IN OPHTHALMOLOGY – (Since 1986 meeting at Kanpur)

I have been conducting courses on computers in ophthalmology for the members of the AIOS. We expose them to routine software for use in general practice, surgical practice, patient record management and advance application for research date collection and analysis. Systems with which we work include IBM, and various IBM compatible computers. Our major emphasis on date processing, word processing, VGA and EGA graphics, Lotus 123, programs based ophthalmic applications. Due to extreme popularity the class size has increased from 20 to over 100 in 1989.

2. ANAESTHESIA IN OPHTHALMOLOGY (Since Bombay in 1988)

As a result of my paper on Epibulbar anaesthesia and the extensive interest it created in the diplomats attending the conference. I was made responsible to hold course on PERIBULBAR ANESTHESIA as an annual feature of the AIOS conferences. Popularity of the course exceeded all of our expectations in both 1989 and 1990 and attendance increased from registration capacity of 50 to over 250 participants in 1990, Bangalore.

3. INTRAOCULAR LENSES WORKSHOPS AND WETLABS

In conjunction with Internationally renowned faculty such as Dr. John Alpar, USA, Dr. Brian Beveridge, UK, Dr. Bucher, Switzerland, Dr. Jagger, UK, Dr. Keiki Mehta, India, Prof. Rentsch, WG, and others at the Eye Research Centre. Dr. Agarwal's Eye Institute, 12, Cathedral Road, Madras. These nine workshops were part of on-going research and teaching program of the research Institute are conducted regularly since 1981 through 1990.

4. VITREOUS SURGERY

With Dr. Steve Charles at the Eye Research Centre, Madras in 1989 and 1990. Due to my extensive interest in vitreous surgery I have been actively involved holding vitreous surgery courses at the Eye Research Centre, Madras, International authority on Vitreous surgery Dr. Steve Charles of USA conducted courses in 1989 and 1990. Also due to popular demand in conjunction with AIOS I participated in conducting instruction course Pars plana vitrectomy.

5. COMPLICATIONS OF IOLS

At the 49th All India Ophthalmological conference at Bangalore on 5th January 1991. Due to increased popularity of IOLs in India, interest in complications of IOLs is increasing sharply. I assisted Dr. J. Agarwal in conducting this current status program.

6. PAN-OPHTHALMOLOGICA 1991

Conducted a conference, with a web-lab, exhibitions and live surgeries along with didactic lectures at the Taj Coramandel Hotel, Madras. This was a conference attended by over 500 delegates from all over the country and 65 participants from all over the world. A major audiovisual scenario was created where all the participants could watch live surgery on closed circuit television.

7. PAN OPHTHALMOLOGICA 1992, COLOMBO, SRI LANKA 25TH & 26TH APRIL, 1992

After the grand success of the Pan Ophthalmologica 1991, efforts were shifted to make it a conference round the world, especially the neighboring countries. This way Indian eye doctors and trade personnel could get a good chance of taking part in an

international conference on foreign grounds. The inauguration of this conference was performed by the able hands of H.E.Ranasinghs Premadasa, the Prime Minister Mr. Wijetunge, the Health Minister Ms. Renuka Herath and a number of leading personalities from the government of Sri Lanka, 12 nations took part in this extravaganza, papers were read, slides and videos depicted the scientific work out.

8. IOL AND MICROSURGERY WORKSHOP, IN MADRAS ON 10 AND 11TH JULY, 1992,

Along with the Taj Coramandel Hotel we conducted a workshop attended by more than 150 delegates and faculty from all over India and Germany. Dr. Michael Knorz from Mannheim in united Germany demonstrated his techniques live through closed circuit television network from the Operation Theater to the auditorium at Dr.Agarwal's Eye Institute. The delegates were able to operate on animal cadaver eyes through a wet lab where with the latest developments and Intraocular lenses.

9. LASER SYMPOSIUM, IN MADRAS ON 4TH OF SEPTEMBER, 1992

A specialized symposium was conducted on the 4th of September in conjunction with the Southern Regional Ophthalmic Conference, which was held from 4th to 6th September 1992. This had a gathering of 120 eye surgeons already possessing lasers or in the wish to possess lasers. A trade exhibition was also conducted where difference varieties of laser machines were displayed.

10. IOL CONCENTION AND FORCE OPHTHALMOLOGICA MEETING JANUARY 1994 JAIPUR

Coming to be known by the ophthalmic fraternity for good conductance of eye conventions was asked to organize a meeting in far off Jaipur, which was carried out within five star luxury of the Rajputhana Palace, Jaipur. Presented papers and video on the latest techniques of cataract surgery with foldable intraocular lens technology.

11. PAN OPHTHALMOLOGICA 1993 SINGAPORE

Along with the National Eye Center Singapore and the premier eye surgeon of the country Dr. Arthur Lim and Dr. Ronald Yeoh as the organizing secretary along with me. This gave me a insight into international conventions and started the trend of holding pan Ophthalmologica meetings the world over. Many prominent eye surgeons from all parts of the world came down for this meeting memorable amongst them were Dr. Steve Charles the vitreoretinal expert from USA and Dr. Edward Norton the person who made one of the major eye centers of the world the Bascom Palmer Eye Center in Miami.

12. TRANS OPHTHALMIC MEET 1994 BANGALORE

In continuation of a trend to organize eye conventions in an attempt to update the country to international stature a meeting was organized in Bangalore in January 1994, this brought the people of the city I have opened another hospital in realize the potentials of having Dr. Agarwals, along with admixing social causes.

13. PAN OPHTHALMOLOGICA 1994 MADRAS

Due to the plague that came to Surat in India many Gulf Countries stopped Indian entry into their area and thus a conference which was to be held in Bahrain was diverted to Madras. However the delegates enjoyed the southern hospitality mixed with a nice blend of ophthalmic panorama.

14. PAN OPHTHALMOLOGICA 1995 SOPRON, HUNGARY

Along with my mentor Dr. John Alpar we conducted this conference in Hungary and were admonished to see the response of delegates even in far off cities like Sopron.

15. PAN OPHTHALMOLOGICA 1996 SUN CITY, SOUTH AFRICA

The venue of the Miss World series became the venue of the Pan Ophthalmologica and the splendour of the hotel and venues lend grace to the occasion of admixing this along with South African Ophthalmological Meeting.

16. PAN OPHTHALMOLOGICA 1997 MALEDIVES

Sand, beaches and beautiful hotel beckoned the delegates to this pearl of Indian Ocean. We were aided in our endeavor by the Health Minister of Maldives who volunteered to be the Patron for this meeting. Television and radio coverage for this meeting was in abundance, along with the scientific foray.

17. INDIAN INTRAOCULAR IMPLANT AND REFRACTIVE SURGERY CONVENTION FEBRUARY 1998 BANGALORE

The annual All India Ophthalmological Conference held in Gauhati had a poor turnout due to the locational unrest. However this was well made up for by the timely holding of this conference in Bangalore. Eye surgeons take these annual meetings to make their purchases and this was possible in the garden city of India. We were even more enamoured by the presence of Dr. Howard Fine from USA who taught me the little intricacies involved in cataract surgery with foldable IOL through his live surgical demonstration at this meeting. It also happened to be a first for him where he conducted surgery under aseptic conditions of a five star hotel The Taj Residency, Bangalore. Ushering in a new era of glamour through fashion shows in ophthalmic meetings to greet Valentines Day made the occasion memorable for the delegates.

18. ASIAN CATARACT AND REFRACTIVE SURGERY CONVENTION FEBRUARY 1999 BANGALORE

Continuing with the trend of valentine day conventions another convention with international names was involved in Dr. T. Neuhann, from Germany and many others.

19. PAN OPHTHALMOLOGICA 1998 PATAYA THAILAND

Thailand the place of many pleasures became the host for yet another trend towards holding eye conventions by Indian on foreign soil.

20. PHOCO AND REFRACTIVE SURGERY MEET JANUARY 2000 CHENNAI

Along side my family in Chennai we held successfully yet another live surgical demonstration with laser Phakonit and no anesthesia the new mantras for cataract surgery.

INTERNATIONAL PRESENTATIONS

AMERICAN ACADEMY OF OPHTHALMOLOGY 1986 LAS VEGAS

Attending International Conventions is a part of our regular curriculum. This gives a total birds eye view of not only interacting with the who's who in eye care but also a chance to transfer technology from one shore to another. One of many such meetings was the American Academy of Ophthalmology 1986 at Las Vegas.

AMERICAN ACADEMY OF OPHTHALMOLOGY 1988 DALLAS

The largest congregation of eye doctors, world over is the American Academy of Ophthalmology, where all subjects of ophthalmology are discussed at length and new modalities of presentation of blindness are presented at a global level. I have been a keen participant in all such meets, which not only helps me in gathering information but also gives me a platform to voice my opinions and inputs toward eradication of curable blindness.

QUINTESSENCE OF OPHTHALMOLOGY 1988 AMARILLO TEXAS

I have been fortunate to associate myself with global eye doctors of world repute and in such meeting was The Quintessence of Ophthalmology in 1988 at Amarillo, Texas in association with Dr. John Alpar.

PUBLIC HEALTH EXPOSITIONS

PUBLIC HEALTH EXPOSITION 1994 BANGALORE TAJ RESIDENCY

Realizing the need of the hour in educating our masses we started the public health expositions to bring about awareness on matters of health. These symposiums were aired free of cost to delegates updating them on various matters from eyes to heart and brain and kidneys. Dr. Solomon Victor the noted cardio thoracic surgeon from Madras came to give talks on the cardiac bypass surgery.

PUBLIC HEALTH EXPOSITION 1995 BANGALORE

Continuing the tradition of educating the masses, we again held a symposium on Public Health Awareness, talking about subjects pertaining mainly to eye and the introduction of Lasers in the field of Ophthalmology. The highlight of the show being the induction of laser for removal of Cataract for the first time in the world.

PUBLIC HEALTH EXPOSITION 1996 BANGALORE

Once again we invited Doctors from different specialties in order to bring together interspecialty awareness among themselves. This was done in an attempt to bring the medical Fraternity closer.

PUBLIC HEALTH EXPOSITION 1997 BANGALORE

Yet another breakthrough in Lasers in Eye Care was introduced at this Public Health Awareness Exposition. This was the introduction of the Lasik Laser Station for the Removal of Eye Glass Power. State of the art technology was made available to the general public, thereby making them aware of the possibilities of a painless procedure, where dependence on glasses was virtually eliminated.

PUBLIC HEALTH EXPOSITION 1998 BANGALORE

Once again doctors from different fields were invited to discuss the latest techniques and breakthroughs in medicine and surgery, which would benefit mankind in general.

MYOPIA FORUM 1998 BANGALORE

With the growing incidence of Myopia, we at Dr. Agarwal's Eye Hospital found it imperative to educate the public about the effects of Myopia in their eyes. A forum was formed and an open house discussion was held with general public especially people suffering from Myopia. A very well attended and interactive meeting was concluded with a lot of doubts cleared

EYE 2000 EXHIBITION CHENNAI 1999 JULY

An exhibition on a very large scale was conducted exclusively by Dr. Agarwal's Eye Hospital. More than two lakh tourist went through this exhibition and had a virtual insight of Human Eye. Free eye screening was also held at this exhibition.

PUBLIC HEALTH EXPOSITION 1999 BANGALORE OCTOBER

Held at the Kanteerava Indoor Stadium alongside a major exhibition for the family under the Yatra banner. This was one exhibition, which had over 50 health care workers, doctors, giving talks with audiovisual presentations where they were able to update the summer on their ailments. Reiki, beauty care were discussed with family planning and eyes alongside kidney transplantation. Hands on courses were also conducted. To deliver a shot in the arm were SANJAY KHAN the famous Bollywood film star who is opening a health spa cum resort on the outskirts of Bangalore along with Sri Roshan Baig Minister for Tourism Govt. of Karnataka. Also present throughout the nine days were different dignitaries sports stars and film stars like Anil Kumble, Javagal Srinath famous cricket stars of India.

PRESENTED PAPER AT INTERNATIONAL COUNCIL OF OPTHALMOLOGY AT THE WORLD OPTHALMOLOGICAL CONFERENCE AT SINGAPORE MARCH 1990

Titled Treatment of retinal tears with magnetic attraction

Author Dr. Sunita Agarwal

AMERICAN ACADEMY OF OPTHALMOLOGY 1992 DALLAS

This meet helped me a lot in sharpening and updating my skills. The interaction with ophthalmologists from other countries was very helpful and informative.

PAPER PRESENTED AT THE INTERNATIONAL COUNCIL OF OPHTHALMOLOGY AT THE WORLD OPHTHALMOLOGICAL CONFERENCE AT TORONTO, CANADA IN JUNE 1994

Titled : FEROCINI TREATMENT FOR DRY EYES

Author : DR. SUNITA AGARWAL

Through these two papers made my presence felt in the world scenario by these two original papers in various diverge topics.

AMERICAN ACADAMY OF OPHTHALMOLOGY 1996 CHICAGO

This was yet another symposium which proved to be a great success in respect of the amount of information shared between the ophthalmologists that had come to attend the meet from all over the world.

AMERICAN SOCIETY FOR CATARACT AND REFRACTIVE SURGERY 1997 BOSTON

Presented papers on Laser Cataract Surgery and Phacoemulsification with foldable intraocular lens.

AMERICAN SOCIETY FOR CATARACT AND REFRACTIVE SURGERY 1999 SEATTLE

For the first time live cataract surgery was telecast to this meeting from Bangalore, India to Seattle, USA on April 10th 1999. after completing the surgery at 9 pm the team left for USA by the midnight flight and were able to attend the last three days of convection where we presented 12 papers and conducted 6 instruction courses on various aspects of cataract surgery and Lasik for removal of eye glass power.

HAVE BEEN PRESENTING PAPERS AT ALL MAJOR CONVENTIONS LIKE AMERICAN SOCIETY FOR CATARACT & REFRACTIVE SURGERY CONVENTION, ALL INDIA OPHTHALMOLOGICAL CONFERENCE, TAMIL NADU OPHTHALMOLOGICAL SOCEITY ETC., SINCE THEN EVERY YEAR.

PUBICATIONS IN INTERNATIONAL PROFESSIONAL MEDICAL JOURNALS

1. Agarwal S. Treatment of retinal tears with magnetic attraction, ocular surgery News, January 1989, published from New York, USA.
2. Agarwal S and Agarwal A, Nd: YAG membranectomy for vitreous membranes, Ocular Surgery News, October 1989, published from New York, USA.

PRESENTATION AND PAPERS AT SCIENTIFIC MEETINGS

- 1985 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, KANPUR
Agarwal S, Computers in Ophthalmology
- 1989 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, MADRAS
Agarwal S, Pneumatic retinopathy in the treatment of retinal tears.
- 1989 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, SRINAGAR
Agarwal S, Treatment of retinal tears with magnetic attraction
- 1989 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, MADRAS
Agarwal S, Trephination in Subscleral sclerectomy
- 1990 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, BANGALORE
Agarwal S, Scleral fixation of Intraocular lens
- 1990 ALL INDIA OPHTHALMOLOGICAL CONFERENCE,
Agarwal A, Agarwal S, Fibrin reaction in posterior chamber intraocular lens
- 1990 49th ALL INDIA OPHTHALMOLOGICAL CONFERENCE, BANGALORE
Agarwal S, Scleral fixation of Intraocular lenses
- 1991 ALL INDIA OPHTHALMOLOGICAL CONFERENCE, AHMEDABAD
Held a number of instruction courses and papers at this conference
- 1992 GOLDEN JUBILEE SESSION OF THE ALL INDIA
OPHTHALMOLOGICAL SOCIETY, NEW DELHI
Held a number of instruction courses and papers at this conference
- 1993 SOUTHERN REGIONAL OPHTHALMIC CONFERENCE, MADRAS
Was joining Secretary for this important zonal conference, also conducted
Instruction course and papers presented

INVITED AS A GUEST SPEAKER

1. KERALA STATE OPHTHALMOLOGICAL SOCIETY MEETING HELD IN COCHIN ON NOV 1ST AND 2ND OF 1991,
“PERIGULBAR ANAESTHESIA”
2. FIFTH NATIONAL SYMPOSIUM ON COLLAGEN AND ARTIFICIAL IMPLANTS HELD BY THE CENTRAL LEATHER RESEARCH INSTITUTE, MADRAS ON JANUARY 17TH AND 18TH, 1992,
“COLLAGEN IN OPHTHALMOLOGY”

ATTENDED AND HELD INSTRUCTION COURSES AND CONVENEED SESSIONS ALONG WITH PRESENTATION OF SCIENTIFIC PAPERS

1. GOLDEN JUBILEE SESSION OF THE ALL INDIA OPHTHALMOLOGICAL SOCIETY HELD AT NEW DELHI FROM 2ND TO 6TH FEBRUARY 1992.

1. CONVENOR FOR THE INSTRUCTION COURSE ON
“ EYE PROTECTION IN SPORTS AND INDUSTRY”
2. CONVENOR FOR THE SYMPOSIUM ON
“ SCLERAL AND IRIS FIXATED I.O.LENS”
3. CONVENOR FOR THE FREE PAPER SESSION ON
“CATARACT”
4. SCIENTIFIC PAPER AT THE SYMPOSIUM ON P.C.LENS
“SCLERAL FIXATED I.O.LENS”
5. SCIENTIFIC PAPER AT THE SYMPOSIUM ON
REFRACTIVE KERATOPLASTY
“EPIKERATOPHAKIA”
6. CONDUCTED THE OPHTHALMIC QUIZ

2. INTRAOCULAR LENS CONVENTION HELD IN NEW DELHI FROM 31ST JANUARY TO 1ST FEBRUARY 1992

1. CONVENOR FOR SESSION ON SECONDARY I.O.LENS
“SCLERAL FIXATION OF I.O.LENS”
2. INSTRUCTION COURSE ON VIDEO FOR BASICS OF MICROSURGERY
“ HOW TO MAKE A VIDEO PROGRAM”
3. SCIENTIFIC PAPER ON COMPLICATIONS OF I.O.LENS
“ SCLERAL FIXATATION OF I.O.LENS”
4. SCIENTIFIC PAPER ON I.O.LENS
“MALPOSITION OF PC IOL - REPOSITION AND REMOVAL”
5. CONVENOR FOR INSTRUCTION COURSE ON EYE PROTECTION IN SPORTS AND INDUSTRY
“SPORTS VISION”

- 3. ALL INDIA OPHTHALMOLOGICA CONFERENCE 93 JAIPUR**
Was made Managing Committee member of All India Ophthalmologica Society.
- 4. IOL CONVENTION AND FORCE OPHTHALMOLOGICA MEETING JANUARY 1993 JAIPUR**
Successfully conducted the IOL Convention and Federation of Ophthalmology meeting at the Rajputana Palace Hotel, Jaipur with over 500 delegates attended this meeting.
- 5. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1994 BOMBAY**
Presented numerous papers and also conducted instruction courses at this meeting.
- 6. IOL CONVENTION 1994 JANUARY BOMBAY**
Presented innovative papers like small incision Cataract Surgery and Sutureless Surgery.
- 7. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1995 CALCUTTA**
Presented papers on the latest trends and techniques in the field of Ophthalmic Surgery.
- 8. IOL CONVENTION 1995 CULCUTTA**
Presented papers and gave presentation on the latest techniques in the field of Ophthalmology and Surgery.
- 9. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1996 CHANDIGARH**
Won the elections against four stalwarts from North India for the position of Joint Treasurer one amongst the nine executive members of the All India Ophthalmological Society.
- 10. IOL CONVENTION 1996 JANUARY CHANDIGARH**
Conducted instruction courses at the meeting.
- 11. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1997 DELHI**
Presented a number of papers and also conducted instruction courses.
- 12. IOL CONVENTION 1997 SEPTEMBER MUMBAI**
Conducted instruction courses highlighting the latest techniques in the field of ophthalmic surgery.
- 13. IOL WORKSHOP 1997 OCTOBER GAUHATI**
Presented papers and conducted instruction courses on Painless and Sutureless Surgeries.
- 14. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1998 GAUHATI**
Once again presented a number of papers and conducted instruction courses

15. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 1999 COCHIN

Re elected as the Joint Treasure of the All India Ophthalmologica Society against three contestants and polling more than 50% margin victory

16. PHACO AND REFRACTIVE SURGERY WORKSHOP

Conducted Live Surgery of Under 1mm Cataract Surgery without Anesthesia using foldable intraocular lens.

17. ALL INDIA OPHTHALMOLOGICAL CONFERENCE 2000 JANUARY CHENNAI.

With my brother Dr. Amar Agarwal, who was the Chief Organizing Secretary of the Convention, Successfully conducted the AIOC 2000 at Chennai

WORK ON FOREIGN SHORES

Dr. Sunita Agarwal has been conducting free eye camps and surgical clinics for the people of Sri Lanka since October of 1991.

The eye camp conducted at ampara detailed examination of the eyes of 2000 patients in three days. There was one day of operations from 7 am to 10 pm in the night continuously, where 45 operations were performed. These operations ranged from simple cataract extractions with posterior chamber intraocular lenses to complicated vitrectomies and penetrating keratoplasties. Some of these operations had never been performed in these parts before.

Another visit to the strife-ridden areas of Trincomallee and Mutur was conducted on 21st and 22nd of April 1992. These are areas where no eye doctor has set his foot since the last decade or so. The Sri Lankan army assisted this campaign in giving protection and transportation of the team and equipment.

After giving treatment with medicines to over 760 patients surgery was conducted at the Base Hospital. It was seen that there was an overwhelming increase of patients suffering with microphthalmos and optic atrophy in young adults.

This was followed by a free eye clinic held in the Taj Samudra Hotel, here patients were seen by appointment and for eye service patients had traveled from far away places such as Negombo and Sigriya. The patients were prescribed glass powers, dispensed with medicines and advised eye surgery to be conducted at the Sri Lanka International Eye Bank. For the same purpose the staff of Taj Samudra Hotel aided in every way possible to make the sufferings of the blind in Sri Lanka a lot better.

An international ophthalmological conference was also conducted by the same team at the Taj Samudhra Hotel, the Pan Ophthalmologica 1992 Colombo. This invited faculty from distant places like Singapore, Japan, Korea, Taiwar, Pakistan and India. Along with the local Sri Lankan eye surgeons this conference proved to be of immense

value. The inauguration of the conference was held in the Bandaranaike Hall (BMICH) to commemorate the 30,000 human eye donation made by the Sri Lanka International Eye Bank, headed by Dr.Hudson Silva. This ceremony was presided over by H.E.Ranasinghe Premadasa, the President of Sri Lanka, Madam Hema Premadasa, the First Lady, Prime Minister Mr.Wijetunge, Health Minister Ms.Renuka Herath and other leading personalities of state.

The yeoman service meted out by the eye camps being conducted in remote areas like Tringomallee, Mutur and Ampare had a lasting effect on the President and Her Ladyship, who later organized a luncheon on the 26th of April for the team of eye doctors.

The same team went on to conduct yet another free eye camp at Kothagale, in association with the Sri Lankan Indian Community Council, headed by Minister Thondaman. On the 2nd of May 1992, 520 patients were treated. Those that required surgery were brought to the Sri Lanka International Eye Bank and operated for cataracts and intraocular lenses and glaucoma surgeries.

The head of state of Sri Lanka every year conducts a mass awakening program called the Gam Udawa, this year in June 1992 it was conducted at the Moneragala district. On special request by Madam Hema Premadasa the team conducted a free eye camp and also performed surgeries at the District Hospital.

August of 1992 saw the team back with all their might to help relieve the distress of eye patients at the camps conducted at Negombo where more than 1500 patients were screened and provided with medicines and spectacles.

The Taj Samudra Hotel once again held its free eye clinic and 300 patients were seen with the assistance of the leading opticians of Sri Lanka. Eric Rajapakse and Co.

All these camps have totaled to an approximate 10,000 patients treated by the Eye Research Centre team from Madras. This has not only presented in the way of holding camps and conducting surgeries, but more important imparted to the Paradise Island an exchange of ideas and technological advances in eye surgery and treatment.

At every visit the television network, Rupavahini Corporation, has broadcast interviews with the leading eye surgeons from Madras. On occasion they have also telecast patient education videotapes made by the Eye Research Centre for the same purpose. Newspapers and magazines of the island have recorded for posterity the work administered by this team of relentless eye surgeons.

PROFESSIONAL AND ORGANIZATIONAL MEMBERSHIP

- 1981 LIFE MEMBER OF ALL INDIA OPHTHALMOLOGICAL SOCIETY
- 1982 LIFE MEMBER OF MADRAS CITY OPHTHALMOLOGICAL ASSOCIATION
- 1983 MEMBER OF AHMEDABAD OPHTHALMOLOGICAL SOCIETY
- 1987 LIFE MEMBER OF KERALA STATE OPHTHALMOLOGICAL SOCIETY
- 1988 MEMBER OF FEDERATION OF OPHTHALMIC RESEARCH AND EDUCATION CENTERS
- 1991 LIFE MEMBER INDIAN OPHTHALMIC PHOTOGRAPHY SOCIETY

EXTRA-CURRICULAR ACTIVITIES

1. NATIONAL SWIMMING CHAMPIONSHIPS 1974 – GOLD MEDALIST

The championships held at Delhi in 1974 saw for the first time a person emerging from the Southern zone as the Gold medalist breaking the 100 meters backstroke record by 3.8 seconds. This stood its stand till 1978 when it was broken again. Sunita Agarwal the first gold medalist of National Caliber from the South and Particularly from Tamilnadu also won two silvers and 1 bronze in the same championships for 100 and 200 meters, free style and back stroke, was also selected to represent India at the Asian Games to be held in Manila 1974, but had to withdraw due to a serious knee ailment that year.

2. SOUTHZONE SWIMMING CHAMPIONSHIPS 1970–74 WOMENS TROPHY

Starting from 1970 the first South Zone Swimming Championships held in Trivandrum till 1974 all of them Sunita Agarwal won the Womens trophy by retaining the breaking and retaining the records in free style, back stroke and butterfly of 100 and 200 meter dashes. All levels winning the gold medal.

3. INTER-UNIVERSITY GOLD MEDALIST IN SWIMMING 1975

When a student of Stella Maris College in 1975 took part in the Inter University Swimming championships held at Kanpur, here took the gold medal in 100 meters free style and back stroke and won for Tamilnadu the only medals that the state had won so far.

4. WON THE HAMDARD TROPHY FOR WOMEN AT ALL INDIA INTER MEDICALS CHAMPIONSHIPS FOR SWIMMING IN 1977

While a student of the Kasturba Medical College, Mangalore, took part in the All India Medics Swimming Competition in 1977 at Delhi at the All India Institute of Medical Sciences. Was presented the Hamdard Trophy for women by winning the womens trophy and coming first in the 100 meters free style, backstroke and butterfly. This huge trophy still stands at the medical college in Mangalore.

**5. Table Tennis Championships of Madras Medical College 1980
GOLD MEDALIST**

6. GUJARAT STATE SQUASH CHAMPIONSHIP 1987 – RUNNER UP WOMEN

This again of state level championships but now after 10 years of state and national level Swimming was on to squash and stood second at the state squash championships held in Ahmedabad in 1987.

**7. Chess Championships for women at the Madras GymKhana Club 1989
runners up**

8. Motor rally partaking since in 1979

Took part in Karnataka, South 1000 and many city rallies, winning the womens trophy in few and runners up in the rest.

9. MOTOR RACING SHOLAVARAM 1979

At the Sholavaram racetracks in a flat without any special effects stood third in the ladies event.

**10. RECIPIENT OF THE PRESIDENTS GUIDE AWARD PRESENTED
PRESENTED BY THE PRESIDENT OF INDIA DR.ZAKIR HUSSAIN IN
NEW DELHI IN 1974.**

Taking up as a Bharat Guide while still in school captained the Tamilnadu team to the International Jamboree held in 1974. Faridabad. This was an opportunity to meet Guides and Scouts from all over the world. These Jamboree are held only once in 12 years and was fortunate enough to have attended one in my lifetime as a Guide and also captained our state team. There was appreciated for my skill and work and presented the badge of Presidents Guide by our honorable President himself the late Dr. Zakir Hussain

11. Member of the St. Johns first aid brigade during High School
12. Master mind of Ophthalmic Quiz conducted by Ophthalmos Club in the annual meetings of the All India Ophthalmological Society, since 1986 till date.
13. Wrote articles for magazines and journals published by the Madras Gymkhanan Club on a regular basis, dealing with common eye disorders and their simple treatments.
14. Now on editorial board of a magazine called “young Parents” and writing articles on eye care especially for the young ones.
15. In conjunction with the UGC wing of educational television in India, a Government based project, made a video presentation for the public on cataract in Hindi and in English. Has been telecast on national network in January and February of 1992.
16. After doing considerable work on industry and eyes was asked to give expert views on the deleterious effects of leather industry on pollution and environmental control. This has been encapsulated in a video film and viewed by Indian viewers on Doordarshan. Was telecast on February 1992.
17. Writing as a medical specialist and especially as an ophthalmologist for the HINDU newspaper a national daily. Topics ranging from “Madras Eye” to “Can T.V. screens affect your eyes?”.
18. Made television films with Madras Doordarshan Kendra on varied topics like “Corneal Grafting” and “Diabetic Retinopathy”. Was telecast in November 1991 and January 1992 respectively
19. A television documentary was made with the help of the UGC Anna University and Dr.Suniti Solomon. Head of AIDS cell at the Madras Medical College, for AIDS AWARENESS. This killer disease has been manifest for the last decade or so, and its relevance in Indian conditions is growing. We brought it on ourselves to educate our masses about this fatal illness so that they may prevent the spread of the disease. This shall be telecast on the National Network channel of the Doordarshan Kendra, Delhi.